



BEST OF CARE



MILESTONE
senior services

The Most Comprehensive
Guide to Services
for Seniors in
Southwest Michigan





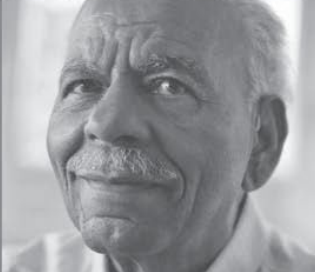
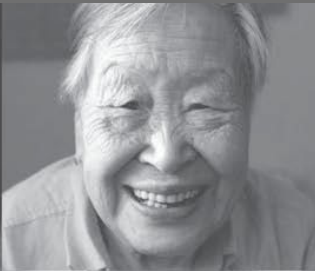
THE HOME CARE YOU NEED FROM EXPERTS WHO CARE

Bronson at Home brings compassionate care to you in the comfort of your own home. As part of the region's leading health system, our certified nurses will connect you with the services you need and coordinate your care during illness, injury or recovery.

- Healthcare Services
- Infusion Services

Call (844) 241-HOME (4663) or visit bronsonathome.com to learn how our team can help you or a loved one.





Thrive where you are.

From delivered meals to home repair and in-home care, Milestone offers personalized services that allow for independent, productive living at home. Our aim is for seniors to live happy, joyful and centered lives in their own communities.

Find out how Milestone Senior Services can help you or your loved ones thrive.

MilestoneSeniorServices.org





MILESTONE

senior services

Welcome to the 25th edition of Milestone Senior Services' Best of Care guide! The Best of Care guide provides details on today's care options, enrichment activities and community programs for our growing population of older adults, adults with disabilities and those who care for them.

Since 1963, Milestone has provided the services and resources that keep people 55+ and adults living with disabilities living safe, healthy, and independent lives while remaining in the comfort and familiarity of their own home. Our programs include scratch made meal delivery, personalized home care, home safety modification, volunteer opportunities, catering, and event hosting and much more. Most of the services and programs that Milestone Senior Services offers are available to everyone, not just those that are 55+. More details on our individual services can be found inside this guide.

We want to give a huge thank you to the sponsors of this catalog. They have been wonderful community partners of ours and without their generosity, the Best of Care guide would not be here today. When you are looking through the services that are listed in this catalog, please consider supporting some of the sponsors of this catalog.

If you would like to learn more about how Milestone's programs can benefit you or a loved one, please call 269-382-0515 or visit our website at www.milestoneseniorservices.org. Our office hours are Monday through Friday 8:30am-4:00pm.



W H O W E A R E

Milestone is the leading provider of choice-driven services for seniors and persons with disabilities in southwest Michigan. We provide personalized, empowering options that help seniors live independently with joy in the place they call home. Founded in 1963 under the name Senior Services of Southwest Michigan, we are a non-profit organization guided by empathy and driven by compassion.

We support joyful living at every milestone through a wide array of comprehensive services and celebration of aging. By remaining connected to their communities, seniors thrive — and the whole community benefits from their presence.

OUR MISSION

To provide options that empower people
to thrive in their community.

OUR VISION

To be the leading and trusted community
provider of innovative services to support
independence with dignity.

OUR VALUES

COLLABORATION

Working Together To Build Relationships And Find Solutions.

DEDICATION

Devoted to serving others with compassion.

RESOURCEFULNESS

Stewardship through innovation and efficiency.

INCLUSIVITY

Respecting and valuing all people.

INTEGRITY.

Always doing what is right.



Donor Opportunities

As a community, we are all connected. Your generosity – at any level – advances Milestone’s mission to support independence and help seniors and persons with disabilities live meaningful lives. We are all better off when our seniors are thriving.

MONTHLY OR RECURRING GIVING.

You can have your donations scheduled to occur monthly or once a quarter automatically.

ENDOWMENTS.

Contributions to any of our endowment funds (held at the Kalamazoo Community Foundation) are invested. The principal is preserved and invested again and again while the interest benefits our clients more immediately.

PLANNED GIVING.

Donate cash, stocks, bonds, mutual funds, real estate, and more, or designate Milestone as a beneficiary in your will.

WORKPLACE GIVING.

Many companies match their employees’ financial donations and volunteer hours.

IN-KIND GIFTS.

Property, vehicles, and other non-monetary gifts are converted to cash. Items such as yarn go to our “Helping Hands” knitting group that donates finished items to people in need throughout the community.





Volunteer Opportunities

COMPANIONSHIP CALLS

Uplift seniors and offer reassurance with a meaningful conversation.

MEALS ON WHEELS

Forge lasting connections while delivering sustaining nutrition to seniors and persons with disabilities.

OFFICE PROJECTS

Help the Milestone team serve more community members by assisting with critical tasks.

HOME REPAIR

Make life easier for seniors by performing small home improvements that make a huge difference.



**AmeriCorps
Seniors**

AMERICORPS SENIORS - RSVP
Benefits of Becoming an AmeriCorps Seniors RSVP:

- Mileage reimbursement
- Free membership
- Choose a regular or flexible schedule
- Choose a service area throughout Kalamazoo and Calhoun County
- The joy of helping others thrive

AMERICORPS SENIORS SENIOR - COMPANION PROGRAM

This is a wonderful opportunity to gain meaningful service opportunities at Milestone and earn supplemental income through AmeriCorps.

DO I QUALIFY?

- Age 55 or more
- Able to volunteer 15 to 40 hours/wk
- Have a limited income (at or below 200% of the poverty level)
- Love to help your neighbors

Community Based Programs

MI CHOICE WAIVER PROGRAM

Assesses needs and arranges for in-home services for Medicaid qualifying, nursing home eligible individuals who wish to remain in their own homes or current nursing home residents who wish to return home.

BEHAVIORAL HEALTH AND WELLNESS PROGRAM/ SERVICES

Assists individuals 55 and over with behavioral health and co-occurring medical disorders who need specialized supports due to age related or complex medical issues. Milestone's team also assists in caring for those in nursing facilities through monitoring and screening.

NURSING FACILITY TRANSITION

Assesses needs and arranges for in-home services for Medicaid qualifying, nursing home eligible individuals who wish to remain in their own homes or current nursing home residents who wish to return home.

DINING CENTERS

A meal in the company of others is a great joy. Milestone offers nutritious meals and social activities at dining locations located throughout Kalamazoo and Calhoun County. All services are provided on a donation basis.

KALAMAZOO COUNTY

- Coover Room at Senior Services of SW Michigan
- Crossroads Village Apartments
- Ecumenical Senior Center
- Evergreen North Apartments
- Dillon Hall Apartments
- Northwind Apartments
- Spring Manor Apartments
- Spring Valley Crossing Apartments
- Washington Square Senior Apartments
- Westland Meadows Apartments

CALHOUN COUNTY

- Albion Fork Senior Dining Center
- Bedford Manor Dining Center
- Cherryhill Manor
- Clarence Dining Center
- Heritage Commons Senior Center
- Lakeview 900
- Marshall House Dining Center
- Springview Towers Dining Center
- Westbrook Place Dining Center
- Homer Presbyterian Church
- Tekonsha Community Hall

In Home Support Programs

HOME CARE

Let us take care of your loved one. We are proud of our years of experience, providing exceptional service to older adults in the community.

Our services include:

- In-home personal care
- Home making
- Respite care
- Private duty nursing
- Medication reminders and more!

HOME REPAIR

Do you want to stay in your home but not sure if it is safe? Our Home Repair program can provide a 40 point safety check to determine if minor repairs or modifications are needed. We strive to improve safety and accessibility by providing:

- grab bars
- banister repair/ replacement
- accessible ramps
- walker steps and more!

Cost is based on labor and materials.

MEALS ON WHEELS

If you are a senior struggling to get your next meal on the table, we can help. Our Meals on Wheels program delivers up to two meals per day, seven days a week – right to your home. No one will be turned away for their inability to pay.



Fee-for-Service Opportunities



Milestone Senior Service's Fee-for-Service options are open to all community members. All revenue generated from these fees goes back into our funds for more repairs, more meals, and more independent living potential for our clients.

FOOD FOR ALL

If you need healthy and delicious meals delivered right to your door, look no further. Our paid service model allows us to serve those who do not qualify for Meals on Wheels with affordable, nutritiously-balanced meals made with care. All delivered by compassionate volunteers who offer critical check-ins for persons with disabilities. Also great for busy professionals and those looking for healthy meals options delivered right to your home.

GENERATIONS CATERING



From business functions, luncheons, weddings or graduations,

we have something for every occasion. Our seasonal menus are backed up by our creative culinary team and friendly service staff. The profits from Generations Catering go back into funding Milestone's programs for homebound adults. Enjoy made from scratch food while giving back to your community. Visit www.generationscatering.org.

HOME REPAIR

Our licensed repair staff is also available to the general public on a fee-for-service basis. Revenue generated from these fees goes back into our fund for more repairs, more fixes for our clients.



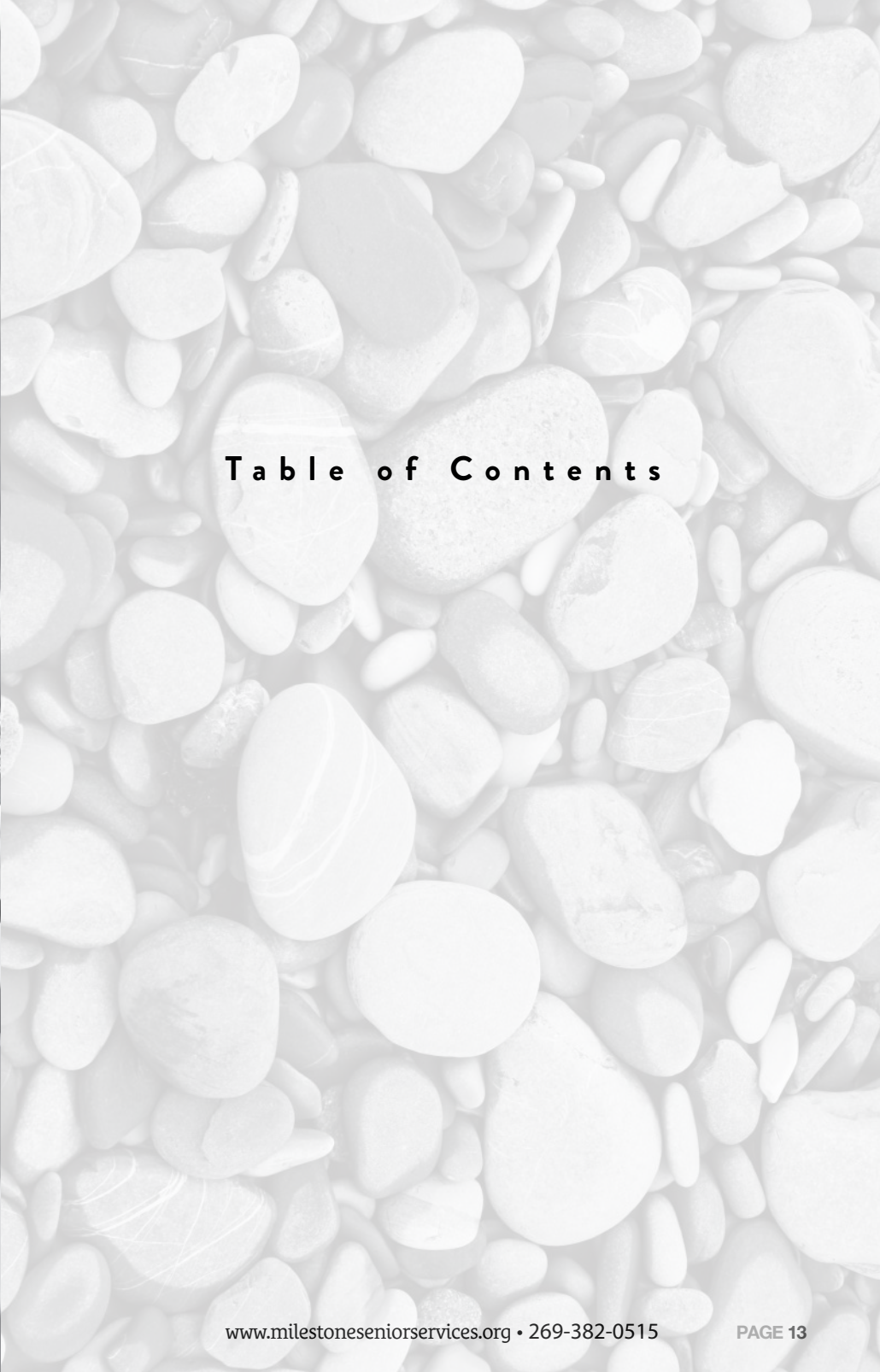


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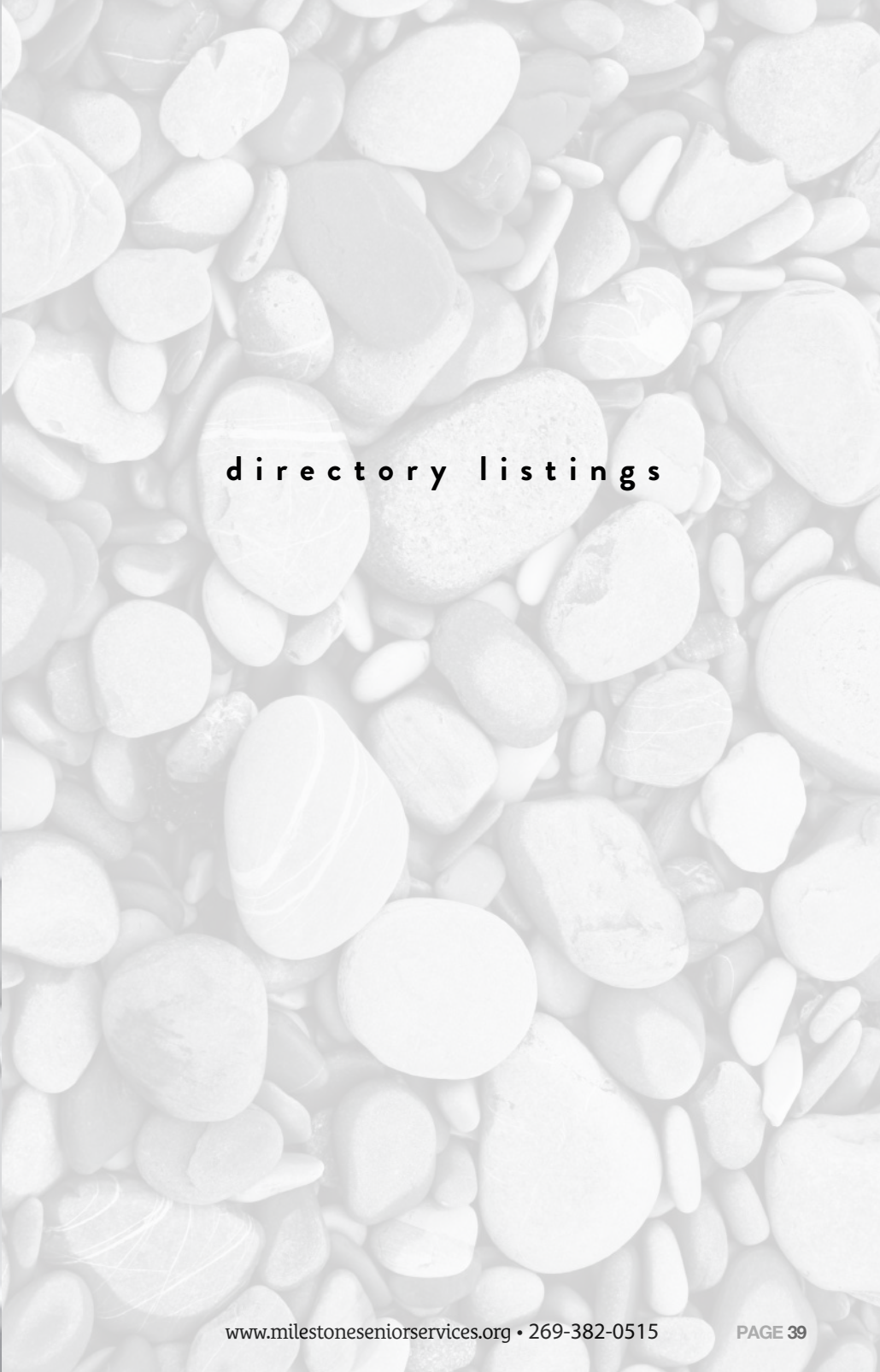
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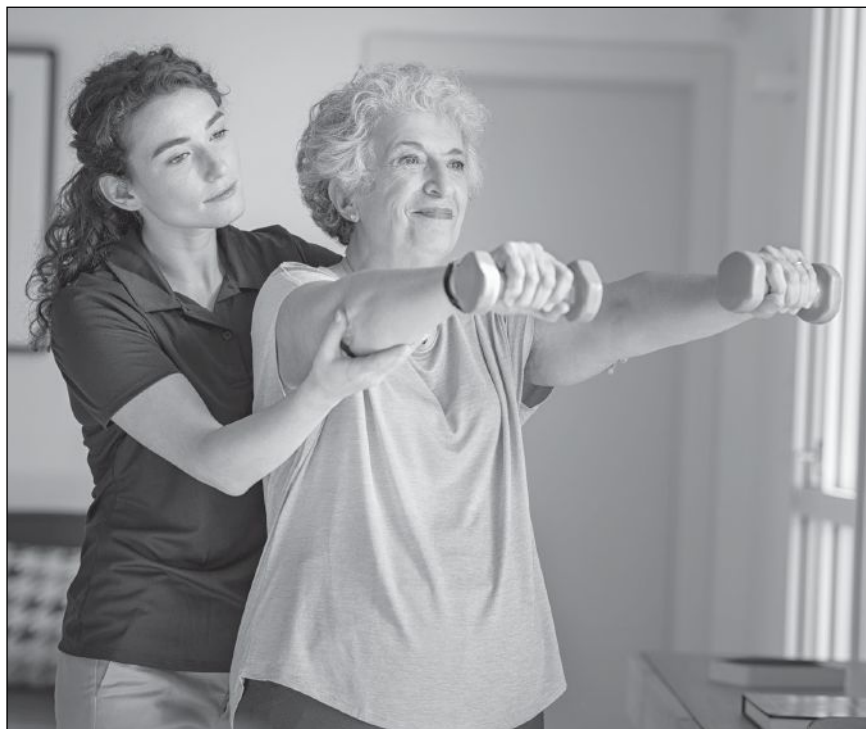
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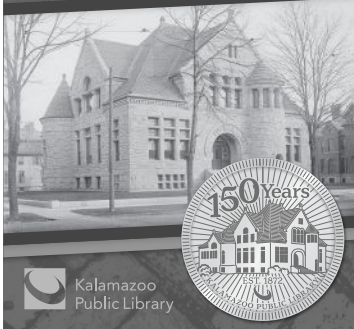
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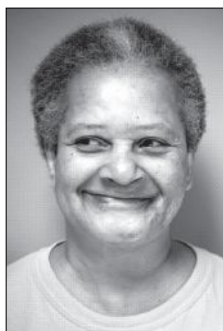
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